



IYENGAR

THE YOGA MASTER



Edited by Kofi Busia



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"This must-read book explores a wide range of themes, inducing probing inquiries into both philosophical and physical nuances of yoga. Read it to deepen your relationship with yoga, to further your understanding, and to inspire your practice."
—Patricia Walden

"These contributions, each unique and each deeply perceptive in its own way, serve to give the reader as comprehensive and penetrating a vision of yoga and B. K. S. Iyengar as possible. This wonderful book will amaze and inspire you, whether you are a beginner or an experienced practitioner, as it opens your eyes to the tremendous possibilities of yoga as revealed through the life of one of its greatest practitioners and teachers."
—John Schumacher

"I highly recommend this book to students of yoga, seekers of truth, and to all who are looking for more health and peace in their lives."
—Bobby Clenell

This collection of essays, stories, and interviews celebrates the life and great influence of renowned yoga teacher B. K. S. Iyengar and features an international and diverse group of well-known contributors. B. K. S. Iyengar is revered as the single most influential person in spreading the teachings of yoga throughout the world.

This selection of writings offers a deep understanding of the man, as well as his unique approach to yoga and the human mind and body.

Contributors include:

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Cover photograph © Martin Brading



Shambhala Publications
Horticultural Hall
300 Massachusetts Ave
Boston, MA 02115

On sale at all bookstores July 24, 2007
and at www.shambhala.com

\$18.95 Paperback
ISBN: 978-1-59030-524-9